



pM-CH320 | Reuseable Hot / Cold Pack

The use of heat and cold is a standard treatment for a variety of injuries. The type and age of the injury or condition indicates whether hot or cold is appropriate. The use of hot and cold packs is one of the simplest methods of applying heat or cold to the affected area. Cold pack decrease the bruising associated with sprains, as well as the swelling and help to relieve the pain associated with these conditions by numbing the area. Hot pack relaxes muscles and improves blood circulation and produces a soothing effect on the body, further aiding in the healing process.

- 1 Comfortable and convenient application
- 2 Provides effective relief from muscular pain
- 3 Helps reduce swelling
- 4 Great for treating a wide range of tissue injuries
- 5 Reusable pack is perfect for continuous treatment at home

